

CLAIMS:

1. A recreational board for travelling across a medium, said recreational board comprising:

5 a board having a top surface and a bottom surface;
said top surface supporting a user positioned on said recreational board; and

said bottom surface contacting the medium on which the board travels;

10 the board being shaped so that a front portion of the board is narrower than a rear portion of the board;

wherein the bottom surface includes a plurality of grooves that extend forwardly from a central zone on said bottom surface to adjacent a side edge of the bottom surface.

15 2. The recreational board of claim 1 wherein the board tapers from the rear portion of the board to front portion of the board.

3. The recreational board of claim 1 wherein the top surface of the board contains bindings.

4. The recreational board of claim 3 wherein there are two bindings.

20 5. The recreational board of claim 4 where a rear binding is inclined with respect to the top surface of the board.

6. The recreational board of claim 1 wherein the bottom surface is convex.

7. The recreational board of claim 1 wherein the front portion and rear portion are turned upwardly.

25 8. The recreational board of claim 1 wherein the rear portion also includes a brake.

9. The recreational board of claim 8 wherein the brake includes at least one channel.

30 10. The recreational board of claim 9 wherein there are a plurality of channels.

11. The recreational board of claim 1 where the recreational board is a snowboard, sand board, water board or air board.